



Dear Staff,

Your school has been awarded a Fresh Fruit and Vegetable Program (FFVP) USDA grant for this school year. The grant is administered by NC Department of Public Instruction and SCS School Nutrition Services.

A fresh fruit or vegetable snack will be provided for all students in your school at least three days each week. Educators providing instruction in the classroom at the time the snack is served may participate in the snack along with their students.

We will work together to schedule the best time for students to have snack each day. Snacks can be served any time **except before school, after school or during meal service.**

#### **How does it work?**

- 1-2 students per classroom pick up a container of fresh fruit or vegetable in the cafeteria (located in the designated reach in cooler).
- Teacher and/or students distribute snacks to students
- 1-2 students per classroom return container to the cafeteria to be cleaned and sanitized.

Classrooms will keep a supply of napkins, plastic gloves, etc.. Teachers can request more supplies from the SN Manager as needed.

If a class is planning a field trip on the day a snack will be served, the teacher can either cancel the snack for that day or arrange with the SN Manager to take the snack along. Please give your SN Manager one week notice for any cancellations or field trip arrangements.

Teachers are encouraged to integrate the FFVP into their classroom curriculum.

Materials will include:

- Provide a brief description of the fruits and vegetables served. Information may include a description of the item, information on its origin, nutrition facts, uses of the food, cultural references, simple recipes and other interesting facts

Nutrition mini lessons can be taught by the classroom teacher or through special studies. Monthly nutrition and physical activity logs can also be used to emphasize the importance of good nutrition and exercise.

Congratulations and enjoy your snacks!

Surry County Schools School Nutrition Services